

Sanitation

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|---|---------------------------------------|--|
| <input type="checkbox"/> 4-pack TP, flattened | <input type="checkbox"/> Baby wipes | <input type="checkbox"/> Clorox wipes |
| <input type="checkbox"/> Hand sanitizer | <input type="checkbox"/> Bar of soap | <input type="checkbox"/> Feminine protection |
| <input type="checkbox"/> Toothbrush/toothpaste | <input type="checkbox"/> Dental floss | <input type="checkbox"/> Small box tissues |
| <input type="checkbox"/> Plastic tablecloth | <input type="checkbox"/> Porta-potty | <input type="checkbox"/> Zip-loc bags |
| <input type="checkbox"/> Trash bags to line potty | | |

Sustenance

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|---|---|---|
| <input type="checkbox"/> MRE's (heat sensitive) | <input type="checkbox"/> Peanut butter | <input type="checkbox"/> Dry cereal |
| <input type="checkbox"/> Energy bars (high calorie) | <input type="checkbox"/> Jerky | <input type="checkbox"/> Jam/jelly cups |
| <input type="checkbox"/> almonds | <input type="checkbox"/> Dried fruit/canned fruit | <input type="checkbox"/> Trail mix (no chocolate) |
| <input type="checkbox"/> V-8 juice | <input type="checkbox"/> Applesauce/fruit cups | <input type="checkbox"/> Shelled sunflower seeds |
| <input type="checkbox"/> Canned pasta | <input type="checkbox"/> Rice cakes | <input type="checkbox"/> Freeze-dried meals |
| <input type="checkbox"/> Gatorade mix | <input type="checkbox"/> Pilot bread/Triscuit | <input type="checkbox"/> Can opener |
| <input type="checkbox"/> Plastic utensils/metal cup | <input type="checkbox"/> Hard candies | |
| <input type="checkbox"/> Cocoa mix | <input type="checkbox"/> Tuna packs | |

Survival

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| <input type="checkbox"/> Water | <input type="checkbox"/> Headlamp(s) | <input type="checkbox"/> Collapsible nylon bag |
| <input type="checkbox"/> Canteen/water bottle | <input type="checkbox"/> Batteries | <input type="checkbox"/> Shoe laces |
| <input type="checkbox"/> Water filter | <input type="checkbox"/> Hand/foot warmers | <input type="checkbox"/> Walking shoes |
| <input type="checkbox"/> Purification tablets | <input type="checkbox"/> Work gloves | <input type="checkbox"/> Floppy cotton hat |
| <input type="checkbox"/> Flashlight(s) | <input type="checkbox"/> Whistle | <input type="checkbox"/> Sun block |
| <input type="checkbox"/> Rain ponchos | <input type="checkbox"/> Small shovel | <input type="checkbox"/> Medications |
| <input type="checkbox"/> Emergency radio | <input type="checkbox"/> Fire-starters | <input type="checkbox"/> Face mask |
| <input type="checkbox"/> Heavy duty trash bags | <input type="checkbox"/> Water-proof matches | <input type="checkbox"/> Bug repellent |
| <input type="checkbox"/> Emergency blanket/sleeping bag | <input type="checkbox"/> Multi-tool | <input type="checkbox"/> Moleskin |
| <input type="checkbox"/> Duct tape | <input type="checkbox"/> Binoculars | <input type="checkbox"/> Long-sleeve shirt |
| <input type="checkbox"/> Fleece blankets | <input type="checkbox"/> Light sticks | <input type="checkbox"/> Survival & first aid manuals |
| <input type="checkbox"/> Tarp | <input type="checkbox"/> Maps | |
| <input type="checkbox"/> Paracord | <input type="checkbox"/> High quality first aid kit | |
| <input type="checkbox"/> Multi-purpose knife | <input type="checkbox"/> Bandana | |
| | <input type="checkbox"/> Small pair of scissors | |

Security

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| <input type="checkbox"/> Whistle | <input type="checkbox"/> Pepper spray | <input type="checkbox"/> emergency phone numbers |
| <input type="checkbox"/> Cash, coins | <input type="checkbox"/> Firearm with loaded magazines | |
| <input type="checkbox"/> Disposable camera | | |

Sanity

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| <input type="checkbox"/> Deck of cards | <input type="checkbox"/> Bible | <input type="checkbox"/> Chapstick |
| <input type="checkbox"/> Foam ear plugs | <input type="checkbox"/> Small journal/pen or pencil | <input type="checkbox"/> Battery powered fan |
| <input type="checkbox"/> Book(s) on CD, paperbacks | | |

